

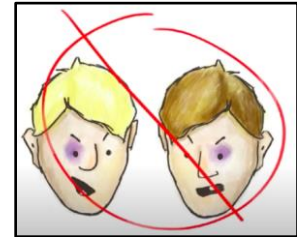
Video:
<https://youtu.be/TTGumuA-OR8>
(2:21) Go the Extra Mile
by LifeKids



SERMON ON THE MOUNT (PART 3) GO THE EXTRA MILE & THE GOLDEN RULE (MATT 5:38-47, 7:12)

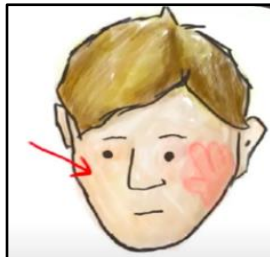


The Bible says that Jesus sat on a hillside and preached his "Sermon on the Mount." He taught us how to love others, even our enemies. Did he teach that we can hurt others if they hurt us? Can we get revenge? No. Jesus taught that we should love others... even our enemies.



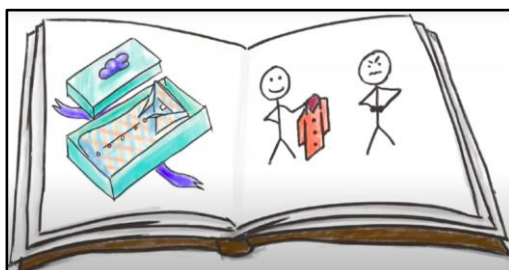
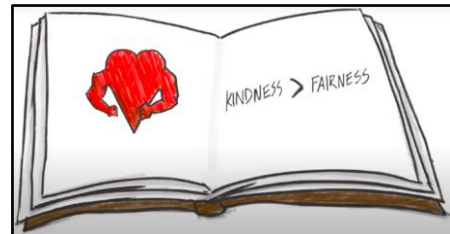
The Old Testament law was "An eye for an eye and a tooth for a tooth." It said that if someone gives you a black eye, it's fair to give them a black eye. If someone knocks out your tooth it's fair to knock out their tooth too.

But Jesus came to show a better way. Jesus says the right thing to do is to go above and beyond what is fair. Jesus says that "getting even" isn't God's best.



Jesus said we should, "Turn the other cheek." What does that mean? He was saying, If someone slaps you in the face... **go above and beyond what's fair and even.** You shouldn't slap them back. Instead Jesus said, "Offer them the other cheek." You might think, "Should I let them slap my other cheek too? But that's not fair!"

Jesus is telling us **kindness and forgiveness** is more important than fairness and getting even. That sounds hard to do. But Jesus is teaching us the best way to live!



Jesus gave another example of how we should choose kindness over getting even.

Jesus said, If someone threatens you and takes away your coat give them your shirt too. **Give them more than what you were asked to give.**



Jesus also said, "Go the extra mile." In those days it was the law that a soldier could make you carry his pack for them for a mile. It was heavy! But you had to carry it even if it was out of your way or hot or raining.

But Jesus said, "If you are asked to carry it one mile, carry it 2 miles." He wants us to do an extra mile even without complaining.

This is a tough lesson, but it's the best way to live! Jesus lived this way.



So, remember:

1. Give to those who ask.
2. Don't turn away from someone who needs something. And...
3. Don't settle for fair when you could show kindness. Don't get even... give God's love instead.

Jesus was teaching that we should love others the way that God loves us. Jesus explained that God is like a good father in heaven. God shows His goodness and love to everyone, even to those who don't deserve it. God gives His very best gifts like sunshine and rain to everyone, good and bad. Jesus wants us to love each other in the same way.



Do you want someone to be mean to you? No! Jesus wants us to treat people with kindness. He said, "**In everything, then, do to others as you would have them do to you.**" We call this the "Golden Rule."







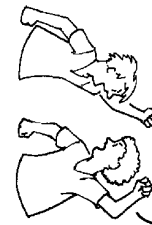

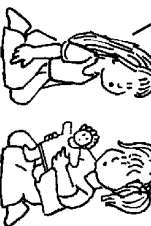




Later, on the cross, Jesus would become the perfect example of love. People hurt and insulted him, but he didn't take revenge or get even. Our savior went the extra mile so that we could be free from our sins and live with God in heaven forever. God loved us, even when we were sinners. And this is how Jesus says we are to love others.

I want to live like Jesus!

Jesus Talks About Loving Enemies

Do not return evil for evil.

Circle those in the right-hand boxes who are returning good for evil.

 <p>I hate you!</p>	 <p>But I like you!</p>	 <p>I hate you too!</p>
 <p>You made me angry!</p>	 <p>That's too bad!</p>	 <p>I'm sorry.</p>
 <p>Can I play too?</p>	 <p>Give it to me!</p>	 <p>Let's be friends.</p>
 <p>No!</p>	 <p>No way!</p>	

It is easy to love those who love you and more difficult to love those who hate you.

But Jesus says to ...

Trace the dashed lines. Start at the ➡'s.

LOVE

YOUR

ENEMIES

What does He say about how to treat your enemies?

Add the numbers from the intersecting row and column to find the letters to fill in the blanks.

	1	2	3	4	5
1	O	P	A	E	S
2	P	A	E	S	L
3	A	E	S	L	R
4	E	S	L	R	T
5	S	L	R	T	U
6	L	R	T	U	N



"You have heard that it was said, 'Love your neighbor and hate your enemy.' But I tell you:

L O v e Y _____
7 2 5 2 10 8

_____ mi _____ d
5 11 5 5 6 4 11

_____ y f _____
3 8 4 2 8

_____ h _____ wh _____
9 2 6 5 2

_____ c _____ y _____
3 5 8 6 5 10 9 5 2 10

Jesus Talks About Loving Enemies

Jesus said we should be kind to those who hurt us.

In each heart find the word that doesn't belong and transfer it to the correct line in the sentences below.

"If anyone _____¹ you on the _____² _____³, turn to them the _____⁴ _____³ also. And if anyone wants to sue you and _____⁵ your _____⁶, _____⁷ over your _____⁸ as well. If anyone _____⁹ you to go one _____¹⁰, go with them _____¹¹ miles."