

Video:  
<https://youtu.be/27kyn8FgmMI?si=TSDPI1ZNaPfbzWYp>  
Land of Milk and Honey Movie  
Watch (1:01:51 – 1:03:50)  
Skip to (1:06:18–1:08:50)  
  
This video contains  
some poetic license.

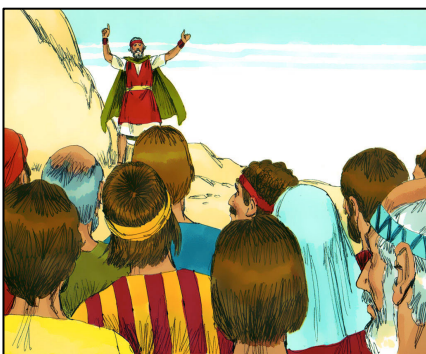


## Lesson #8: GOD GIVES THE 10 COMMANDMENTS AT MOUNT SINAI (Exodus 19-24:18)



The Bible says that 3 months after crossing the Red Sea the Israelites camped in the desert at the foot of Mount Sinai.

Moses climbed up the mountain. God spoke to him. “Tell the Israelites: if you obey me, I will make you my treasured people, a kingdom of priests and a holy nation.” Moses went back down the mountain and told the people what God had promised. They all said, ‘We will do everything the Lord has said.’

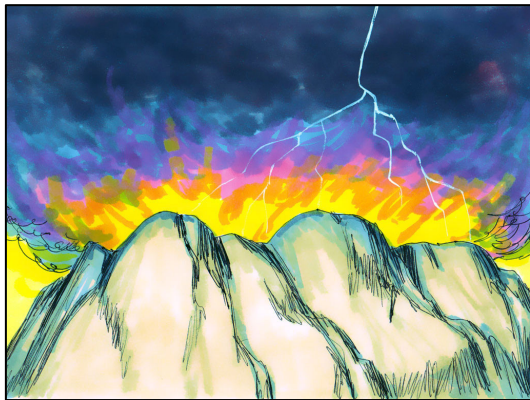


God said, “Tell the people to get ready to meet Me! Everyone must wash their clothes and be ready by the third day. Put a boundary around the mountain. If anyone touches the mountain, he will die.” While the people got ready to meet God, Moses climbed up and down the mountain 3 times talking to God and telling Him that the people have promised to obey Him. Sometimes Aaron or Joshua or the leaders went part of the way too

On the third day there was a loud sound of a trumpet. Moses brought everyone to stand by the mountain. All the people heard the trumpet and thunder. There was lightning and God came down in fire on the top of Mount Sinai. Smoke billowed up and the whole mountain shook.

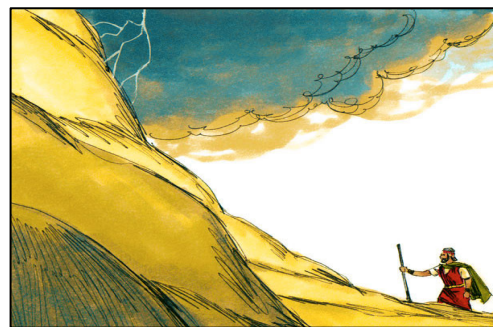


**Then God spoke! (Ex 20:1-20) the 10 Commandments:**



1. You shall have no other gods.
2. Do not worship idols.
3. Do not speak God's name in vain.
4. Keep the Sabbath day holy. It is a day of rest and worship.
5. Honor your father and mother.
6. Do not murder.
7. Love your husband or wife. Do not commit adultery.
8. Do not steal.
9. Do not lie.
10. Do not covet (want) what belongs to others.

The glory of the Lord covered Mt. Sinai in a thick cloud. God called Moses to come up the mountain again.



God wrote His commandments on 2 tablets of stone. He wrote them with His own finger. Moses stayed on the mountain for 40 days.

How wonderful! The Israelites got to meet God that day! They couldn't see His face, but they could see His lightning and the thick cloud! They could hear the thunder and feel the earth shake! They could even hear God's voice!



It was a little scary, but it was wonderful!

God gave the Israelites:

**The 10 Commandments – God's guide to living a good life!**

PRIMARY GRADES ACTIVITY



### UPPER GRADES ACTIVITY

Fill in the blanks below. Then search for the words in the box

H	A	S	B	U	W	M	C	O	V	E	T
S	F	A	T	H	E	R	N	A	B	Y	D
A	I	B	V	A	H	C	I	D	U	L	T
L	E	B	E	R	I	P	R	U	A	F	L
P	O	A	T	L	E	O	S	L	S	N	G
E	S	T	E	A	L	M	R	T	U	Q	O
W	E	H	L	L	S	T	O	A	C	M	D
K	R	T	E	K	L	A	P	R	E	E	S
I	D	O	L	S	N	O	S	Y	W	A	N
L	E	K	S	T	R	A	I	P	C	N	I
L	I	E	F	M	O	T	H	E	R	E	A

1. Do not have any other \_\_\_\_\_ before me.
2. Do not make \_\_\_\_\_ for yourselves.
3. Do not take the name of the \_\_\_\_\_ in vain.
4. Remember to keep the \_\_\_\_\_ day holy.
5. Honor your \_\_\_\_\_ and \_\_\_\_\_.
6. Do not \_\_\_\_\_.
7. Do not commit \_\_\_\_\_.
8. Do not \_\_\_\_\_.
9. Do not \_\_\_\_\_.
10. Do not \_\_\_\_\_ other people's things.



#### Think About This:

Which commandment is the hardest for you to obey?

\_\_\_\_\_

**Ask God to help you!**