

Video:  
[biblestoriesonline.com/stories/Martha-The-Lady-Who-Needed-to-Relax](http://biblestoriesonline.com/stories/Martha-The-Lady-Who-Needed-to-Relax)  
(2:44)

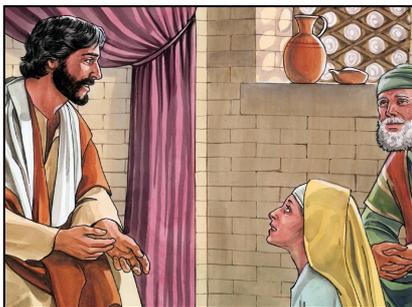


### Lesson #7: JESUS VISITS MARY AND MARTHA (Luke 10:38-42)



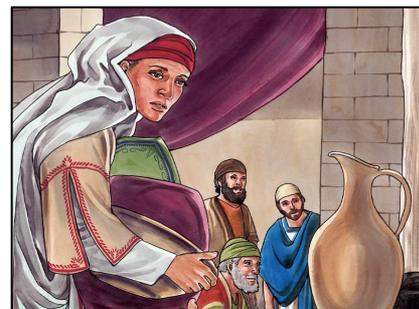
The Bible says that Jesus and his disciples traveled to the village of Bethany. They went to visit the home of Mary, Martha and their brother, Lazarus. In John 11:5 we learn that they are good friends of Jesus. Just like you have special friends, Jesus did too.

Martha opened her home for Jesus and his disciples to come in and eat.



Mary sat at the Lord's feet listening to what he said.

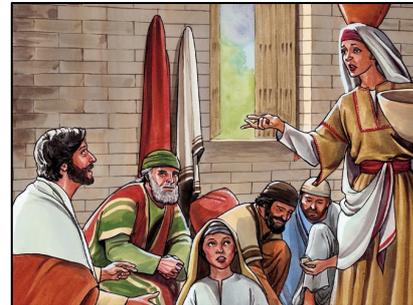
But Martha was busy preparing the food. The Bible says she was "distracted by all the preparations that had to be made."





Martha came to Jesus and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”



Mary and Martha both chose good things. Martha prepared the food, which was not a bad thing to do. But Jesus does tell Martha that she is worried and upset about many things when she could be doing what Mary is doing.

Mary had probably been helping at some time. But she made a choice to come and listen to Jesus speak. She knew that every word he said was precious. Choosing to listen to Jesus is always a good choice.

**THINK ABOUT THIS:**

**Martha had much work to do to prepare food for Jesus and his disciples.  
In those days, preparing food was much harder than today.**

- There were no refrigerators, so food had to be made fresh each day.
- Each day women walked to the well to get water.
- They had to grind grain and bake bread.
- They had to milk the goats and make cheese.
- If they wanted meat, they had to slaughter the animal before they could cook it.



Our lives get busy like Martha and Mary’s. We should always make time for God. Many fun things can get in the way. But spending time with Jesus and Christian friends is always a good choice.

PRIMARY GRADES ACTIVITY



**UNSCRAMBLE THESE WORDS:**

AYRM \_\_\_\_\_

USSEJ \_\_\_\_\_

FDNEIRS \_\_\_\_\_

DOFO \_\_\_\_\_

TNSIEL \_\_\_\_\_

UPPER GRADES ACTIVITY

# At the Home of Mary and Martha



"Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her." Luke 10:41-42 (NIV)

The puzzle is based on Luke 10:38-42 (NIV).

G J N K K K W M Q Q E A P A I  
 M Y E W M R I O Z W X E D G E  
 H A L S E W N I R O I M A R Y  
 Y N R T U E V P F R X P V G P  
 U C S T K S E Z R K I P K T R  
 I I R A H N E E D E D E R H E  
 S J T D L A U P S E T Y D I P  
 B D I S C I P L E S R V T N A  
 E F R R V U N R E M A D E G R  
 T E W H H I C H O S E N D Q A  
 T A F E E T L W G E D E S L T  
 E S S L Q U M L F G D C O G I  
 R I L P Y C Y H A E N F O T O  
 K A W O M A N T E G U X A S N  
 E Z D N J S H N H Q E N F Q P

VILLAGE	THING	MARTHA	FEET	HELP
SISTER	PREPARATION	WORK	NEEDED	BETTER
WOMAN	UPSET	JESUS	TAKEN	NEEDED
DISCIPLES	WORRIED	MADE	MARY	CHOSEN

Resource: Sermons4Kids.com



**What lesson do you learn from Mary & Martha?**

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